

## LESSON 10: JESUS CHANGES YOU!

INTRODUCTION: What do you read in a person who says, “I don’t like change--especially when it means I have to change”? How might this limit his/her spiritual growth?

**Both Justified** (declared holy) **and Sanctified** (made holy)

- Romans 3:23-24 - “All have sinned and fall short of the glory of God, and are ***justified*** freely by his grace through the redemption that came by Christ Jesus.”
- Rom 5:1 - “Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.”

To be **justified** is to be \_\_\_\_\_ by God for the sake of Jesus and His work as our Substitute. Justification is \_\_\_\_\_ and \_\_\_\_\_.

- 1 Thessalonians 5:23 - “May God himself, the God of peace, ***sanctify*** you through and through. May your whole spirit, soul, and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.”
- Romans 7:18-25 - I know that nothing good lives in me that is, in my sinful nature. For ***I have the desire to do what is good***, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do--this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. So I find this law at work: When I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. What a wretched man I am! Who will rescue me from this body of death? Thanks be to God--through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.

To be **sanctified** is to be \_\_\_\_\_ from the unbelieving world to lead a God-pleasing life. Sanctification is \_\_\_\_\_ and always \_\_\_\_\_ in this life.

### **Why Christians want to grow in living their new lives**

1. John 15:5 - “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit. Apart from me you can do nothing.” God promises that believers \_\_\_\_\_.
2. 1 Cor 10:31 - “So whether you eat or drink or whatever you do, do it all for the glory of God.” \_\_\_\_\_ is honored and glorified by their lives.
3. Psalm 1:1-3 - “Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.” \_\_\_\_\_ are blessed by the process.

- Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."  
\_\_\_\_\_ are helped and served.
- Matthew 5:16 - "Let your light so shine before men that they may see your good deeds and praise your Father in heaven."  
\_\_\_\_\_ are attracted to Jesus by our lives.

### **How God helps Christians in being "set apart" for Him**

- 1 Peter 2:2 - Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation.
  - 1 Corinthians 11:25 - In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."
- He urges us to use regularly His \_\_\_\_\_ and \_\_\_\_\_ for spiritual food.
  - Hebrews 10:24-25 – "And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another--and all the more as you see the Day approaching." He urges us to \_\_\_\_\_ regularly with our fellow Christians for mutual upbuilding.
  - 1 Thessalonians 5:17 – "Pray continually." He urges us to \_\_\_\_\_ regularly that His will be done in our lives. (*"Lord, change my heart!"*)
  - 1 John 1:8-9 - "If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." He urges us to \_\_\_\_\_ regularly to be assured of his forgiveness and power for godly living.

### **"Spiritual Breathing"**

EXHALE: (*after sinning*)

- \_\_\_\_\_ sin and trust God for its payment and forgiveness.
- \_\_\_\_\_ from sin and back to God's will. (Proverbs 28:13 - "He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.")

INHALE: (*after confessing*)

- \_\_\_\_\_ Christ and his gracious promise of forgiveness. (Matthew 9:2 - "When Jesus saw their faith, he said to the paralytic, "Take heart, son, your sins are forgiven.")
- \_\_\_\_\_ control of life to God and trust His power (Romans 6:13 - "Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness.")

### **FOR REFLECTION:**

- Have I already seen ways in which I suspect the Holy Spirit will change me as he sanctifies me?
- Is there any part of me that is afraid of the changes the Holy Spirit will make in me as he sanctifies me? If so, why am I afraid?

**FOR NEXT TIME:** Complete Lesson 10 Worksheet

**NEXT LESSON:** \_\_\_\_\_